## WEDNESDAY gVg LEAGUE RULES

1. Kick offs at range between 7.oopm \& g.oopm each Wednesday evening.
2. Game Duration is 18 minutes each way ... Straight turn around at half time.
3. Players must all be signed onto your team through the Website.
4. ONE GUEST PLAYER POLICY Struggling for a team? Teams that are one player short of the allocated 9 players will have the option to grab someone at the venue to play whether they are associated with a team in the league or not. HOWEVER Fee must be covered for this guest and should only be used on rare occasions! League Manager must be made aware.
5. Penalties. The Penalty taker must start his run inside of the 18 yard box when taking the kick.
6. Substitutions (if required) are made during a break in play. (REFEREE TO BE INFORMED)
7. Goalkeepers Cannot pick up a back pass. (PENALTY)
8. Once the ball is in the Goalkeepers hands, they can only release the ball via roll or throw or by firmly putting the ball on the floor. The ball cannot be booted out of their hands or drop kicked - PENALTY.
9. Goal keepers are allowed outside the area - but in doing so if they are deemed to foul an opponent a penalty kick shall be awarded.
10. NO SLIDE TACKLING! Players can not go to ground to win the ball from an opponent.
11. NEW! However, players can now go to ground to block shots \& intercept passes providing there is sufficient distance between ball \& man and not deemed dangerous play.
12. NEW! You can also now play the ball whilst on the floor providing the referee has deemed there not to be any obstruction
13. All Free kicks are direct. Players must be 8 yards back from the ball
14. Attacking Freekicks - All attacking players must be clear of the 6-yard box as the freekick is taken. They can enter this area and score as the kick is taken.
15. There are no throw ins - These are replaced by Kick ins.
16. A Kick in Must be a side foot pass under knee height. A pass taken any other way or Over knee height will mean the opposition are awarded the kick in
17. Goals can be scored from anywhere on the pitch
18. Goals cannot be scored straight from Kick off
19. If the ball is cleared over the Main boundary fence from anything over than an attempted shot on goal. Then a Penalty shall be awarded to the opposition. Deflections \& blocks do not count.
20. A professional foul last man offence results in a penalty kick REFEREES DISCRETION
21. VAR Is not in operation but each game is recorded by VEO and can be used to investigate alleged discipline issues or challenges that the referee could miss. Retrospective action will follow if deemed guilty by a select Referee committee

BLUE CARD OFFENCES - 3 Minute Sin Bin for Foul \& abusive language towards a match official, sarcasm such as Clapping towards a match official OR a situation which Referee adjudges the player needs to cool down.

YELLOW CARD OFFENVES - Players will remain on the pitch - $£ 3$ Fine

RED CARD OFFENCES - £12 Fine

## CONSTITUTIONAL RULES

1. Teams signing up must complete the full 14-week season, Win, Lose or draw
2. There is a Zero cancelation policy. Not turning up to your fixture is a $£ 100$ fine REDUCED To $£ 50$ if we find your opposition a game
3. Holiday requests must be sent in 2 weeks in advance.
4. If Middlesbrough are playing at home the full fixture programme will be put back to the end of the season
5. If a team doesn't show up for a fixture or cancels a fixture without permission, they will automatically lose the 3-0 Win.
6. For any reason any unpaid bills go 14 days without being settled a point deduction will occur.
